

## What is Motivational Interviewing?

Motivational Interviewing is a counseling method that uses collaborative conversation to motivate change. It is designed to explore a person's own reasons for change in order to strengthen their motivation. The approach is handled in an accepting, compassionate setting that avoids confrontation and adversary in an attempt to motivate a person to set a foundation for change.



## What is TMIC?

We are individuals who work in Texas correctional communities who wish to combine our collective resources and skill sets to assist in building and sustaining the effective use of Motivational Interviewing (MI) among those who are in the Texas correctional system, which includes Adult and Juvenile Community Supervision (Probation) as well as those who are incarcerated.



## Mission Statement

TMIC is dedicated to promoting and facilitating education, assistance, support and information with the goal of enhancing the effective implementation of Motivational Interviewing within the Texas Correctional Community.

## Why Join TMIC?

It's **FREE!**

**Anyone working or  
volunteering in a Texas  
criminal justice capacity  
can join!**

**Motivational  
Interviewing is Fun!**

**For More Information  
or to Apply:  
visit us at  
[www.texasmicoop.com](http://www.texasmicoop.com)**



## Texas Motivational Interviewing Cooperative



*An organization committed to  
serving the  
Correctional Community  
of  
The Great State of Texas*

**TMIC's Scope**  
is **E. A. S. I.**

## **E**ducation

- Via the TMIC website
- Share information with others in the Texas Correctional Community via conferences, word-of-mouth, and more

## **A**ssistance

- Coordinate cooperative efforts
- Develop a resource directory
- Publish a calendar of MI trainings
- Publish a trainer "tool kit"
- Provide information about how to sustain after implementation

## **S**upport

- Create situations that are win-win for all
- TMIC newsletter via the website
- Provide list of MINTs throughout the Texas Correctional Community
- Provide consultation, logistical help, and technical assistance

## **I**nformation

- TMIC members share the newsletter at their departments
- TMIC newsletter shared on website
- Provide information on TMIC at conferences

# **TEXAS** **★ MOTIVATIONAL INTERVIEWING ★** **COOPERATIVE**

**OFFICIALLY ORIGINATED ON MAY 6, 2010**

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The TMIC efforts, including MI products and services, are to be designed specifically for the Texas correctional community. This includes all components of the criminal justice system for both adults and juveniles. This is including but not limited to; law enforcement, the judicial system, community supervision (probation & parole), jails, detention centers, residential facilities, work release (halfway house) programs, and prisons.

The TMIC itself is not sponsored or funded by any particular entity, public or private. Its products and services are not to be offered for profit, nor is it to be used in any fashion as a platform for advertising by commercial businesses.

The TMIC provides information, consultation, training, coaching, networking opportunities, and ongoing professional development for MI practitioners, trainers, and other members of the Texas correctional community as described above.

The TMIC endeavors to facilitate sharing of existing MI resources, particularly as it supports the practice of Motivational Interviewing for those criminal justice professionals in Texas who would otherwise be without all of the necessary means to do so on their own.

Members of TMIC strive to operate in accordance with the 'spirit' of Motivational Interviewing.

TMIC members are committed to quality Motivational Interviewing training and trainer development.

**COME JOIN US!**